



Towards healthier mothers and newborns

PSSSL

QUARTERLY

NEWSLETTER OF PERINATAL SOCIETY OF SRI LANKA

“SAVE A BABY. BE THEIR FIRST BREATH”

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Edited by Dr. Deepal Nawarathne

“Perinatal excellence through a new evidence-based approach to premature labour, delivery, and baby”

Published by Perinatal Society of Sri Lanka

“Perinatal excellence through a new evidence-based approach to premature labour, delivery, and baby”
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Message from the President



Dr. L. P. C. Saman Kumara
President 2022

It’s been nearly 8 months since I assumed duties of the office as the 21st president of the PSSSL. As we all understand, we all are going through an extremely hard time of our life. The pandemic hit us very badly last year and we all were very positive towards our activities of this year as the pandemic was slowly fading as the new year began. Early this year, we all rose from our hibernate attitude and started our first provincial workshop in the southern province in March 2022. It was a very successful program with very good participation. But then we were hit by another wave of disaster due to severe economic crisis in the country. The traveling became impossible for the resource as well as participants due to severe fuel shortage in the country. We had to cancel the central province program and since then we could not plan any outstretched activity up to now

The PSSSL, in collaboration with Seruwila Mangala Raja Maha Viharaya, initiated the first largest charity project by a medical professional organization –The "Save a baby" project. The sole aim of the project was to donate 120 modern neonatal resuscitation machines to 67 hospitals around the country. The total project cost was nearly 160 million LKR and it was successfully concluded and the machines were handed over to the director general of health services in Early September. The PSSSL can be very proud of this as this is the largest ever donation to the ministry of health by a medical professional organization in the country.

Although we could not move physically, PSSSL has done a lot for the country silently during past 6 months. The “save a baby” project continues to support the health system of the country. We managed to open a new dollar account under the save a baby project and donated many lifesaving medicines to the ministry of health (Anti Rabies serum, Pamidol-cardiac contrast medium, Tacrolimus, and surfactant) worth of nearly USD 40,000.00. The support extended to us by Rev. Aludeniye Subodhi Thero for all these fundraising is highly appreciated. I wish to invite you all to join our annual congress in November and update your knowledge in perinatal care.

Thank you,
Dr. L. P.C. Saman Kumara
 President, PSSSL
 Consultant Neonatologist, Castle Street Hospital for Women

PSSSL Council 2022

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- Dr. Asiri Hewamalage
- Dr. Himali Herath
- Dr. Medhani Hewagama

Perinatal Society of Sri Lanka



Vision

To be actively committed towards achieving continuous improvement in the quality of health care for mothers and infants by promoting networking for providers of perinatal healthcare, supporting education for providers and consumers as well as improving availability, accessibility and continuity of preventive and primary perinatal healthcare services together with promoting initiatives toward improving health care of mothers and infants.



Mission

The Perinatal Society of Sri Lanka is a not-for-profit multidisciplinary organisation striving to promote continuing improvement in the quality of healthcare from pre-conception through birth of the baby and into infancy. It advocates ideal and ethical care through education and research to influence national policies and encourage strategic collaboration among health-care providers and stakeholders in order to ensure optimal pregnancy outcomes for mothers and babies.



Join us....

Our members receive quarterly newsletter and have access to our information service

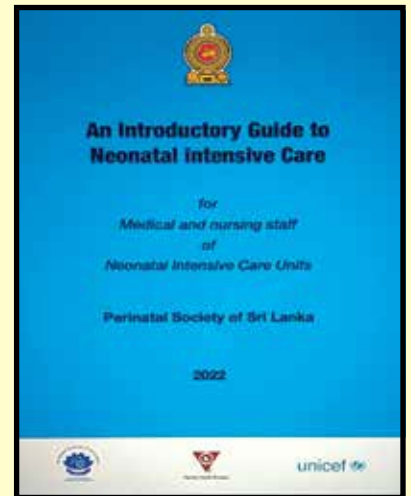
To join us please contact:
 Dr. Deepal Nawarathne
 Editor,
 Perinatal Society of Sri Lanka.
 Email –
 Deepalnaw@gmail.com

UPCOMING

EVEN TS

“A BASIC GUIDE TO NEONATAL INTENSIVE CARE” FOR MEDICAL AND NURSING STAFF

“A basic guide to Neonatal Intensive care” book will be launched during the annual conference 2022. This book aims to help the medical and nursing staff caring new-borns, to learn basic management of a sick baby in an NICU setting. Important “hands on” skills will be demonstrated through several workshops planned based on the chapters of the book. The purpose of this module is to improve neonatal morbidity and mortality by improving quality of care.



Provincial workshop on a new approach to premature labour, delivery, and neonatal care - Central province

The provincial workshop on a new approach to premature labour, delivery, and neonatal care, commenced by the perinatal society of Sri Lanka, will be held in the central province in September-October 2022. The objective of this session is to introduce novel therapy and practices involved in perinatal care and reinforce the current practices in ground level in order to improve the quality of care which improve morbidity and mortality of preterm neonates.

It is going to be a one-day session conducted online. There will be parallel sessions involving Obstetric and perinatal Mental health and Neonatology Knowledge on Identification and management of preterm labour, and prevention of preterm labour will be provided by an eminent team of obstetricians. In the same panel How to improve the well-being of a new mother and the role of the health care worker in providing the betterment of care and how to handle perinatal mental health issues effectively in the field will be addressed by a group of psychiatrists and community physicians.

In parallel, the neonatology session will be conducted to provide the knowledge to apply in preterm deliveries in order to improve survival and outcome. Preparation for preterm delivery, stabilizing at birth and safe transport is a key areas that will be discussed with the new approach to a premature baby in the NICU. The preterm nutrition and the challenges faced in the management of complications in preterm delivery and late-onset sepsis which is a common cause of increased morbidity and mortality of the survivors of early life will be discussed. This event is going to be another way forward toward healthier mothers and newborns.



Provincial Capacity Building Workshop

University of Ruhuna, Matara

The 1st regional workshop organized by the Perinatal Society for the year 2022. was held on the 18th of March at University of Ruhuna, Matara to uplift the perinatal care in the Southern Province.

Approximately 200 healthcare professionals from the Southern Province (Galle/Matara/Hambantota districts) involved in maternity and newborn care, participated in the workshop. Consultants, postgraduate trainees, medical officers, nursing officers, medical officers of health and midwives were among the attendees.

Dr. Chandima Sirithunga, Provincial Director Health Services, welcomed all the invited guests and participants, highlighting the importance of reducing maternal and neonatal mortality. Dr. Asela Gunawardene, Director General of Health Services joined virtually and addressed the gathering. Next speech was by Dr. Kapila Hemantha Consultant Paediatrician, representing the provincial team and the organizing committee. Professor Sujeewa Amarasena, Vice Chancellor of University of Ruhuna, in his speech, thanked the Perinatal Society for initiating this important program. Dr. Saman Kumara, president of the PSSSL introduced the program to the participants and the aims of the workshop. A special guest, director of DGH Kalutara, talked on "Administrators' role in implementing new interventions to reduce neonatal mortality". Finally Dr. Kapilani Withanarachchi, Consultant Paediatrician provided the vote of thanks on behalf of the organizing committee.

Following this formal inauguration, the proper program began as 2 (two) parallel sessions. Participants were divided according to their place of work. On one side, there were lectures and hands on training on neonatology-based topics, while on the other side there were lectures and workshops on obstetrics and maternal mental health. Resource persons were from the Perinatal Society as well as regional consultants from the Southern Province. (Program as below).

All health care professionals actively participated in the program, workshops and hands on training. **This experiential learning created an opportunity to acquainted with** new resuscitating machine specially designed for premature newborns, which had been Instigated project by the PSSSL for the year 2022.



MOMENTS OF
Provincial Capacity
Building Workshop





Towards healthier mothers and newborns

Events of PSSL

Year 2022





**OUTSTANDING
INDIVIDUAL
AWARD**

Congratulations
Dr. Saman Kumara (President -PSSL)
 for receiving the
*British Association of Perinatal
 Medicine outstanding
 individual Award*



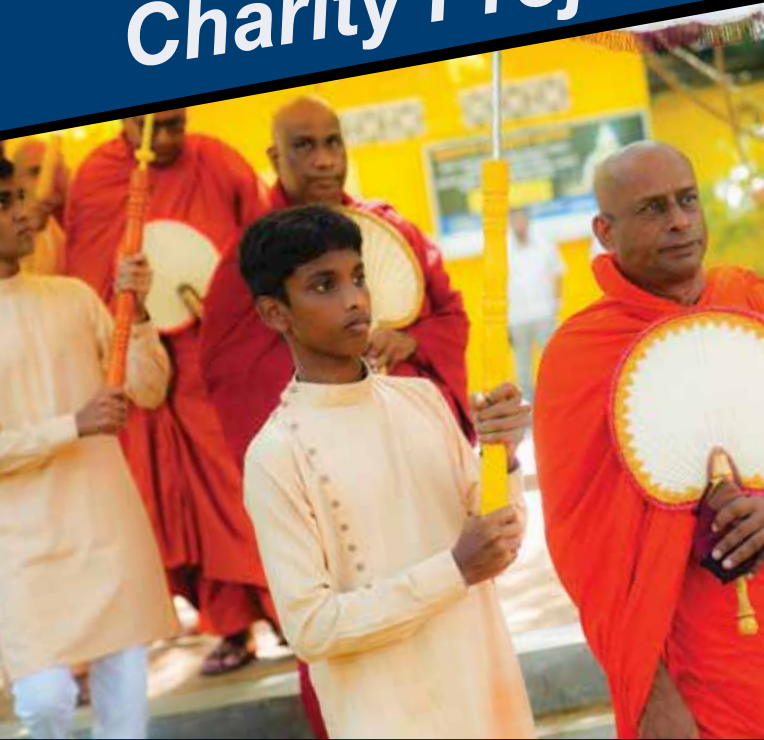


Save
a Baby
Be their first breath



Moments of

“Save a baby. Be their first breath”
Charity Project





MULTIPARA MONITOR PROJECT

Castle Street Hospital for Women

In Sri Lanka, there are nearly 320,000 babies are born every year. Nearly 10% of these babies are born prematurely and many of them need to be cared for in neonatal intensive care units (NICU). Currently more than 100 NICUs are functioning at different levels. Castle Street Hospital for Women is one of the biggest and oldest maternity hospitals in the country. It has the biggest NICU. The hospital is a tertiary care reference hospital where mothers with complicated pregnancies/babies are referred for ultimate care. Castle Street Hospital NICU has a capacity for only 10 babies and it's always functioning in full capacity. Sometimes sick babies are transferred to distant hospitals because of the unavailability of beds at Castle Street Hospital.

We are planning to expand the bed capacity by 5 more to save more lives. At present Castle Street Hospital NICU does not have enough multipara monitors. A multipara monitor is a very vital piece of equipment that should be there at each ICU bed and it monitors multiple biological parameters. We aim to raise funds to purchase 15 such monitors. This is a common problem for all the NICUs in the country and we are planning to help all the other NICUs in Sri Lanka through this project. Each monitor costs around 5000\$ and our minimum target is to purchase 15 monitors. (75,000\$).

This project is done by the Perinatal Society of Sri Lanka. This is a 20 years old non-profit organization purely working for the betterment of pregnant mothers and newborn babies in Sri Lanka. It consists of well-reputed medical specialists in Neonatology, Paediatrics, Obstetrics, and Community Medicine. The special accounts which operate for this purpose will be audited very closely.

Overseas donations can made to the dollar account. The local donors can donate to the Rupee account. Payment slips can be sent through the WhatsApp contact. PSSSL will issue a donation certificate as well as an appreciation letter.

Account name: Perinatal Society of Sri Lanka
USD account:003610421074

Sri Lankan Rupee account:003010545927
Swift: HBLILKLX
Bank code: 7083(Hatton National Bank)

Brach code:003(Head office branch)
Whatsapp:777072520

Email:pssslsri Lanka@gmail.com
Web:https://perinatalsociety.lk/



CME program – Lectures on Neonatal Clinical Updates

Perinatal Society of Sri Lanka in collaboration with Ceylon Association of Neonatologist commenced a CME program to update and share the knowledge on neonatal care among Neonatologist, Paediatricians, Neonatal doctors, Nurses and Midwives.

Ceylon Association of Neonatologists (CAN) in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal update

Overcoming challenges of Breastfeeding in Neonatal units



Dr. Nishani Lucas
MBBS, DCH, DCOG, MD, MRCP, FRCCH, FRCOG, FRCR, FRCR(C), FRCR(Phy), FRCR(Perinatal)
Consultant Neonatologist, Senior Lecturer, Department of Paediatrics, Faculty of Medicine, University of Colombo

Saturday 15th January 2022 @ 08.00 pm

Zoom link: <https://bit.ly/3GZu0Fn>

Ceylon Association of Neonatologists (CAN) in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal update for Neonatal Doctors, Nurses and Midwives

Overcoming challenges of Breastfeeding



Dr. M.Y. Nibras Mohammed
MBBS, DCH, MD
Acting Consultant Neonatologist, Teaching Hospital Jaffna

Saturday 29th January 2022 @ 08.00 pm

Zoom link: <https://bit.ly/3GZu0Fn>

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update

Approach to a newborn who underwent resuscitation at birth

Case based discussion



Dr. Nimesha Gamage
MBBS (Ch), DCH (Ch), MD (Perinatal), Consultant Neonatologist, Senior Lecturer, Department of Paediatrics, University of Kelaniya

Saturday 12th February 2022 @ 08.00 pm

Sponsored by: **Maskind-CV**

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives

New Approach to an extreme Preterm baby

"Birth to Discharge"



Dr. L.P.G. Suman Kumara
MBBS, DCH, MD (Perinatal), FRCR, FRCR(Phy), FRCR(Perinatal), FRCR(Phy), FRCR(Perinatal), FRCR(Phy), FRCR(Perinatal)
Consultant Neonatologist, Senior Lecturer, Department of Paediatrics, University of Colombo

Moderator: Dr. Priyanga Dematara
Consultant Neonatologist, Senior Lecturer, Department of Paediatrics, University of Colombo

Saturday 26th February 2022 @ 08.00 pm

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update -March 2022-

Encephalopathy in neonates: "Is it always HIE?"



Dr. Priyanga Dematara
MBBS, DCH, MD (Perinatal), Lecturer & Consultant Neonatologist, Department of Paediatrics, University of Kelaniya

Moderator: Dr. Kamshana Kumudani
Consultant Neonatologist (NICU), Teaching Hospital Battaramulla

Saturday 12th March 2022 @ 08.00 pm

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives -March 2022-

SEPSIS AWARE TO CARE



Dr. Archana Ranasingha
MBBS, MD (Perinatal), Consultant Neonatologist, Teaching Hospital Battaramulla

Dr. Vinodini Rajaratne Perera
MBBS, MD (Perinatal), Consultant Neonatologist, Teaching Hospital Battaramulla

Moderator: Dr. Kamshana Kumudani
Consultant Neonatologist (NICU), Teaching Hospital Battaramulla

Saturday 26th March 2022 @ 08.00 pm

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update -April 2022-

SAY "NO" TO CHRONIC LUNG DISEASE

"Save the preterm lung"



Dr. Indika Lyanage
MBBS, MD (Perinatal), Consultant Neonatologist, Senior Lecturer, Faculty of Medicine, General Sir John Kotelawala Defence University

Moderator: Dr. Kamshana Kumudani
Consultant Neonatologist (NICU), Teaching Hospital Battaramulla

Saturday 09th April 2022 @ 08.00 pm

Sponsored by: **Baur's**

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives -April 2022-

FLUID AND ELECTROLYTE MANAGEMENT IN NEONATES



Dr. Tharanga Jayaranga
MBBS, DCH, MD (Perinatal), Consultant Neonatologist, Teaching Hospital Jaffna

Saturday 30th April 2022 @ 08.00 pm

Ceylon Association of Neonatologists in collaboration with Perinatal Society of Sri Lanka (PSSSL)

Monthly Neonatal Clinical Update -May 2022-

NEONATAL CARDIOVASCULAR INSTABILITY AND RATIONAL USE OF DRUGS



Dr. Krushadeya Gunaratne
MBBS, MD (Perinatal), Consultant Neonatologist, DCH Colombo

Saturday 14th May 2022 @ 08.00 pm

Sponsored by: **Emcure**

Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives -May 2022-

LEARNING FROM OVERSEAS NEONATAL CARE



Dr. Sathika Amarasekera
MBBS, MD (Perinatal)
Neonatal Registrar,
Vijaya Ekananda Memorial Hospital for Women,
Perth Children's Hospital

Moderator: **Dr. Ruchana Kumudani**
Acting Consultant Neonatologist
TH Rathnapura

Saturday 28th May 2022 @ 08.00 pm

Zoom Link: <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update -June 2022-

BASIC PRINCIPLES OF VOLUME GUARANTEE VENTILATION



Dr. L.P.C. Rajan Kumara
MBBS, DCP, MD (Perinatal)
President - PSSL
Consultant Neonatologist
Cecile Street Hospital for Women
Colombo

Moderator: **Dr. Ruchana Kumudani**
Acting Consultant Neonatologist
TH Rathnapura

Saturday 11th June 2022 @ 08.00 pm

Zoom Link: <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives -June 2022-

DEVELOPMENTAL CARE IN THE NEONATAL UNITS



Dr. Nishani Lucas
MBBS, DCP, DCH, MD (Perinatal), MRCOG, MRCRCH
Consultant Neonatologist
Perth Children's Hospital, University of Aberdeen,
Faculty of Medicine, University of Dundee

Moderator: **Dr. Ruchana Kumudani**
Acting Consultant Neonatologist
TH Rathnapura

Saturday 25th June 2022 @ 08.00 pm


Zoom Link: <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update -July 2022-

PERINATAL STROKE




Dr. Sharmy Hassan
MBBS, DCH, MD (Perinatal)
Specialist Registrar,
Durgam Cheruvu Hospital,
Hyderabad

Moderator: **Dr. Ruchana Kumudani**
Acting Consultant Neonatologist
TH Rathnapura

Saturday 16th July 2022 @ 08.00 pm


Zoom Link: <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update

Neonatal pain assessment and management




Dr Dilani Dehigama
MBBS, DCH, MD
Consultant Neonatologist
Teaching hospital Mahamodara.

Moderator: **Dr Ruchana Kumudani**
Consultant Neonatologist (Acting)
TH Rathnapura

Saturday 30th July 2022 8.00pm

zoom link <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update

"Rh incompatibility"
How to improve perinatal outcomes?



Dr. Ewasana Silva
MBBS, MD
Consultant Obstetrician and Gynaecologist
North Colombo Teaching Hospital

Dr Sangeetha Wickramaratne
MBBS (CU), DCH, MD (Perinatal)
Acting consultant Neonatologist- Lecturer
Colombo North Teaching Hospital and
Faculty of Medicine- Ragama

Saturday 13th August 2022 8.00 pm


zoom link <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update for Neonatal Doctors, Nurses and Midwives


"Golden Hour"
An Approach to Postnatal Stabilization and Improving Outcomes



Dr NISSEN Rasawala
MBBS, MD
Clinical Fellow in Neonatology
Edinburgh women's Hospital
UK

Saturday 27th August 2022 8.00 pm


zoom link <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



Ceylon Association of Neonatologists
in collaboration with
Perinatal Society of Sri Lanka (PSSL)

Monthly Neonatal Clinical Update

Surgical problems in newborns and practice gaps




Dr. Mahula Hettiaratchchi
MBBS MD MRCS
Consultant paediatric surgeon/ Senior Lecturer
SBSOCH Perinatologist
University of Peradeniya

Moderator: **Dr. Piyasingha Donastawa**
Consultant Neonatologist and Lecturer
University of Peradeniya

Saturday 10th September 2022 8.00 pm

zoom link <https://us02zoom.zoom.us/j/966477309902?pwd=MTl5PS9lTGp1bnVhbnRlc0p1aGZlcU9lcUo=>



From Secretary's Diary.....

(March 01st , 2022 – September 01st , 2022)



- ◆ Regional Capacity Building 1 day workshop was held on 18th of March at University of Ruhuna Auditorium. More than 250 healthcare professionals from the southern province participated in this highly successful program.
- ◆ Sponsorship meeting was held successfully on the 01st of April 2022. More than 40 guests attended from different pharmaceutical companies. They were briefed on the activities of PSSL, and explanation given about how they will contribute to the benefit of pregnant mothers and newborns
- ◆ Emergency council meeting was called to discuss about the crisis situation in the country due to lack of medical supplies. It was held on 12th April via zoom , with participation of almost all council members.
- ◆ Following this meeting, several fund-raising projects were commenced, and within a few weeks the PSSL along with the Save a Baby fund, managed to collect adequate funds to purchase essential medical supplies needed in perinatal care as well as for other essential drugs needed for the country. Eg: Antirabies serum, Cardiac catheterization dye
- ◆ Special Foreign Currency Account was established under the PSSL to obtain national and international donations. So far, a significant collection of donations have been received. These will be utilized to purchase essential drugs and equipment needed for maternity and neonatal units of all hospitals around Sri Lanka.
- ◆ Monthly 2 CME programs were held successfully via zoom with participation of more than 200 participants for every program.
- ◆ May/June volume of the Sri Lanka Journal of Perinatal Medicine was completed and distributed to all major hospitals and universities around the country.
- ◆ Handing over ceremony of the Special Resuscitation Machines was held on the 28th of August 2022 at Seruwila Mangala Rajamaha viharaya, under the patronage of Ven Aludeniye Subhodi Thero, Director General of Health services and the President and council of PSSL. Donors and hospital directors were invited for this prestigious event. 120 machines were distributed to all the main hospitals around the country.

Upcoming events

- The Annual Conference of the PSSL for 2022, will be held on November 5th at Hotel Galadari, Colombo. Pre-congress sessions for nurses and midwives will be held on November 4th at the same venue.
- Inauguration of the Annual Conference will be held on November 4th at 6pm at Grand Ballroom, Hotel Galadari.

- The prestigious PSSL oration will also be held at the Inauguration.
- NICU module which has already been completed will be printed with the sponsorship from UNICEF and will be launched at the Inauguration

PERINATAL SOCIETY OF SRI LANKA PRE-CONGRESS SESSIONS

for Nurses and Midwives

4th of November 2022 at Hotel Galadari Colombo

7.30 – 7.45 am	Registration
7.45 – 8.30 am	Oral presentations - Chairpersons: Dr. Asiri Hewamalage, Dr. Ruwan Silva
8.30- 9.00 am	Plenary 1 - Preserving the gains in public health in current crisis in Sri Lanka. <i>Dr. Vinya Ariyaratna, Consultant Community Physician</i>
9.00-10.30 am	Symposium 1 - Competency in postpartum care <i>Chairpersons: Prof. Sanath Lanarolle, Dr. Gamini Perera</i> <ol style="list-style-type: none"> Immediate care for medical complications in post-partum period <i>Dr. Ruwan Silva, Consultant Obstetrician & Gynecologist</i> Detection and management of Post partum haemorrhage <i>Dr. Chandana Jayasundara, Consultant Obstetrician & Gynecologist</i> Contraception for high risk women <i>Dr. Mangala Dissanayaka, Consultant Obstetrician & Gynecologist</i>
10.30 – 10.45 am	Tea
10.45 – 11.15 pm	Plenary 2: Overall burden of prematurity in Sri Lanka <i>Dr. L.P.C. Saman Kumara, Consultant Neonatologist & President -PSSL</i>
11.15 – 12.45 pm	Symposium 2 - Prematurity - Chairpersons: Dr. Sandya Doluweera, Dr. Sanjeewa Tennakoon <ol style="list-style-type: none"> Role of a nurse in caring a preterm. <i>Mrs. Kerry Newton, Advanced Neonatal Nurse Practitioner, John Radcliffe Hospital, Oxford</i> Infection control in NICU - <i>Dr. Sujatha Seneviratne, University of Sri Jayawardenepura</i> Communicating with parents of a preterm - <i>Dr. Priyanga Dematawa, Consultant Neonatologist</i>
12.45 – 1.30 pm	Lunch and Poster Viewing
1.30- 2.00 pm	Plenary 3 – Improving care for medical disorders to optimize the pregnancy outcomes. <i>Chairpersons: Prof. Athula Kaluarachchi, Professor of Obstetrics and Gynaecology</i>
2.00 – 3.30 pm	Symposium 3 – Quality and Safety in neonatal care <i>Chairpersons: Dr. Kaushalya Kasthuriarachchi, Dr. Himali Herath</i> <ol style="list-style-type: none"> Medication safety and safe prescribing <i>Prof. Priyadarshani Galappaththi, Professor of Pharmacology, Faculty of Medicine, Colombo</i> Clinical governance Framework in improving patient care <i>Ms. Julie Jervis, Clinical Nurse specialist, King Edward Memorial and Perth Children's Hospitals</i> Quality and patient safety in NICU <i>Dr. Kaushalya Gomez</i>
3.30 – 4.00 pm	Tea

6.30 - 6.50 pm	Guests to take their seats
6.50 - 7.00 pm	Procession
7.00 - 7.10 pm	Lighting of the Oil Lamp
7.10 - 7.15 pm	National Anthem
7.15 - 7.30 pm	Welcome Speech - Dr L.P.C. Saman Kumara, President - PSSL
7.30 - 7.45 pm	Speech by Guest of Honour- Dr Asela Gunawardene, DGHS
7.45 - 8.00 pm	Speech by Chief Guest
8.00 - 8.15 pm	Awarding of Fellowships
8.15 - 8.20 pm	Launch of the book "A basic guide to neonatal intensive care"
8.20 - 9.05 pm	PSSL Oration - Professor Sujeewa Amarasena - Story of the Newborn Screening Program for Congenital Hypothyroidism in Sri Lanka
9.05 - 9.15 pm	Vote of thanks
9.15 - 9.30 pm	Musical Miscellany
9.30 pm onwards	Dinner



Towards healthier mothers and newborns

**Inauguration
PSSL - 2022**



PERINATAL SOCIETY OF SRI LANKA

ANNUAL CONFERENCE

5th of November 2022 at Hotel Galadari Colombo

Hall A		Hall B	
7.30 am - 8.00 am		Registration	
8.00 am - 9.00 am	Oral Presentations <i>Chairpersons:</i> Dr. Sandya Doluweera / Dr. Himali Herath <i>Judges:</i> Dr. Kapilani Withanarachchi Dr. Hemali Jayakodi	8.00 am - 9.00 am	Oral Presentations <i>Chairpersons:</i> Dr. Ruwan Silva / Dr. Asiri Hewamalage <i>Judges:</i> Prof. Rasika Herath, Dr. Harendra Dassanayake
9.00 am - 9.30 am	Plenary 1: Reducing Neonatal Mortality: Sharing experiences from Japan, the country with the lowest neonatal mortality in the region. <i>Professor Mariko Hida</i>	9.00 am - 9.30 am	Plenary 4: New frontiers in Fetal Medicine <i>Prof. Tiran Dias</i>
9.30 am - 10.15 am	Prof. Indrajai Amarasinghe Oration - Dr. Rohana Haththotuwa Caesarian Section Rates - A Global tragedy : What can we do?		
10.15 am - 10.30 am	Tea		
10.30 am - 12.00 pm	Symposium 01: Different dimensions of perinatal care <i>Chairpersons:</i> Dr. L.P.C. Saman Kumara Dr. Chithramalee de Silva a. Noninvasive monitoring of neonates <i>Prof. Meena Garg</i> b. Perinatal mental health in community setting <i>Dr. Kaushalya Kasthuriarachchi</i> c. Post-surgical care of a newborn <i>Dr. Ananda Lamaheewage</i>	10.30 am - 12.00 pm	Symposium 04: Preterm Labour <i>Chairpersons:</i> Dr. Janaki Karunasinghe / Dr. Dilani Dehigama a. Monitoring and managing preterm labour <i>Prof. Sanath Lanerolle</i> b. Novel strategies in prevention of preterm labour <i>Prof. Rasika Herath</i> c. Neonatal perspective of perinatal care of preterm <i>Dr. Nishani Lucus</i>
12.00 pm - 1.00 pm	Panel Discussion: Dilemmas in managing an extreme preterm at limits of viability <i>Prof. Hemantha Senanayake,</i> <i>Prof. Dominic Wilkinson/ Ms. Avanthi Perera</i>	12.00 pm - 1.00 pm	Panel Discussion: Optimizing perinatal outcomes in current crisis in Sri Lanka <i>Dr. U.D.P Rathnasiri / Dr. Surantha Perera/ Dr. Sussie Perera</i>
1.00 pm - 1.45 pm	Lunch and Poster Viewing		
1.45 pm - 3.15 pm	Symposium 02: Growth and development of preterm infants <i>Chairpersons :</i> Dr. Kapila Hemantha, Dr. Sandya Bandara a. Preterm nutrition - Dr. Nalin Gamaathige b. Metabolic Bone Disease - <i>Dr. Shyama Basnayake</i> c. Developmental care - Dr. Asiri Hewamalage	1.45 pm - 3.15 pm	Symposium 05: Quality improvement in perinatal care <i>Chairpersons :</i> Prof. H. Senanayake, Dr. U.D.P. Rathnasiri a. Application of Robson classification in audits and feedback - Dr. Lubna Hassan b. Maternity dashboard in performance and governance - Prof. Sir Sabaratnam Arulkumaran c. Reducing iatrogenic prematurity <i>Dr. Prabhodana Ranaweera</i>
3.15 pm - 4.45 pm	Symposium 03: Respiratory care of the preterm infant <i>Chairpersons:</i> Dr. Surantha Perera, Dr. Kapilani Withanarachchi a. Volume Guaranty Ventilation <i>Dr. L. P. C. Saman Kumara</i> b. Less Invasive Surfactant Administration <i>Dr. Nimesha Gamhewage</i> c. Noninvasive Respiratory Support <i>Dr. Amit Gupta</i>	3.15 pm - 4.45 pm	Symposium 06: Genetics in perinatal care <i>Chairpersons :</i> Dr. Nishani Lucus, Dr. Vindya Subasinghe a. Ethical issues in prenatal screening and diagnosis <i>Dr. U.D.P. Rathnasiri</i> b. Challenges in pre implantation genetic assessment <i>Dr. Padmapani Padeniya</i> c. Neonatal Screening for Birth Defects <i>Dr. Deepal Nawarathna</i>
4.45 pm - 5.00 pm	Tea		